
Proving that one does not need to be wealthy to enjoy a lifetime of fulfillment aboard a cruising sailboat, this collection contains anecdotes from eight experienced sailors who have voyaged safely and comfortably aboard boats ranging from 16½-foot centerboard gaff cutters to ocean-going 22-foot cutters. Included is the story of the Sea Dart, the small sailboat made famous by adventurer Tristan Jones in his bestselling book, The Incredible Voyage. Contributors relate how they could afford larger, more complex boats but have resisted the urge to upgrade for reasons both practical and philosophical. Topics covered include boat selection, cooking, toilet facilities, ventilation, sleeping, and seamanship.

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The Body "knows" How to Tune in to Your Body and Improve Your Health, Caroline M. Sutherland, 2001, Health & Fitness, 311 pages. This book takes readers on a journey into understanding the terrain of the physical, emotional, and spiritual components of the body and how tuning into the various entities.


Frugal Yachting Family Adventuring in Small Sailboats, Larry Brown, Jan 1, 1994, Sports & Recreation, 172 pages. Brown discusses the approaches to eating, sleeping, sanitation, storage, and safety on the smallest (15- to-24-foot) cruising sailboats, and reviews the various hull forms and.

Body, Mind, and Sport The Mind-body Guide to Lifelong Health, Fitness, and Your Personal Best, John Douillard, 2001, Health & Fitness, 250 pages. Integrates the stress-reducing techniques of mind-body medicine into a lifelong fitness program that calls for a new ideal of physical and mental balance..

Boatbuilding A Complete Handbook of Wooden Boat Construction, Howard Irving Chapelle, 1994, Reference, 624 pages. Boatbuilding is a practical handbook and boatshop assistant, designed and written to meet the needs of the builder, covering the complete process of wooden boat construction.

The Handbook of Sailing , Bob Bond, 1992, Sports & Recreation, 352 pages. A guide to all aspects of sailing discusses choosing a sailboat, equipment, basic and advanced seamanship, cruising, navigation, meteorology, and safety.

Sailing Just for Fun High Adventure on a Small Budget, A. C. Stock, Jan 1, 2002, Sailing, 238 pages. High adventure on a small budget - this is Charles Stock's philosophy as he cruises his midget 16-foot gaff-rigged sailing cruiser "Shoal Waters" on the Thames Estuary, having.

Rowing to Latitude Journeys Along the Arctic's Edge, Jill Fredston, Oct 10, 2002, Biography & Autobiography, 312 pages. The author recalls her many adventures as she explored the coasts of
Alaska, Canada, Greenland, Spitsbergen, and Norway in her ocean-worthy rowing shell..

Twenty Small Sailboats to Take You Anywhere, John Vigor, Aug 1, 1999, Sports & Recreation, 200 pages. John Vigor turns the spotlight on twenty seaworthy sailboats that are at home on the ocean in all weather. These are old fiberglass boats, mostly of traditional design and.

Catboats From the Boards of the Benford Design Group, Jay Benford, Feb 1, 2009, Sports & Recreation, 128 pages. A collection of inventive catboat designs, from the boards of the Benford Design Group, ranging from 17' to 22' long. Both centerboard and keel designs are shown. All have.


The Competitive Cat Racing Small Gaff-rigged Catboats, Bill Welch, Nov 28, 2007, Sports & Recreation, 146 pages. "the Competitive Cat" is a one of a kind resource for the modern catboat sailor. The book is geared for the reader who is interested in racing, yet the detailed descriptions.

Sailing Big on a Small Sailboat, Jerry Cardwell, 2007, Sports & Recreation, 240 pages. This guide outlines the planning, boats and accessories sailors of small sailboats need to safely embark on ambitious journeys..

What is an Arthropod?, Kathryn Smithyman, Bobbie Kalman, 2003, Juvenile Nonfiction, 32 pages. Introduces arthropods, a group of invertebrates which outnumbers all other animal species combined, describing some different types and discussing their physical

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Discourse, Figure, Jean-François Lyotard, 2011, Art, 516 pages. Antony Hudek is research fellow at Camberwell College of Arts, University of the Arts, London. --Spring and fall for voice and piano, Ned Rorem, Gerard Manley Hopkins, 1947, Songs (Medium voice) with piano, 5 pages Nutrition of Animals of Agricultural Importance: The science of nutrition of farm livestock, David Paton Cuthbertson, 1969, Technology & Engineering, 1443 pages * The ultimate Baby Boomer adventure story! * The author is an icon among American women adventurers * By the bestselling author of Polar Dream At the age of 63, Helen Thayer.

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Stereotypes and Prejudice Essential Readings, Charles Stangor, 2000, Psychology, 490 pages. This book contains a collection of classic and contemporary readings that have contributed to our understanding of stereotypes and prejudice from a social-psychological perspective.

Devereux Books, 2004

Published under the auspices of the American Society of International Law. Winner of the Certificate of Merit by the American Society of International Law in 1988.

Queueing Systems Volume 1: Theory Leonard Kleinrock This book presents and develops methods from queueing theory in sufficient depth so that students and professionals may.
Empirical musicology aims, methods, prospects, Eric F. Clarke, Nicholas Cook, 2004, Music, 229 pages. The study of music is always, to some extent, "empirical," in that it involves testing ideas and interpretations against some kind of external reality. But in musicology, the
The Stanley Cup Old Time Hockey Trivia, Don Weekes, 1996, Sports & Recreation, 140 pages. Relive the glorious history of hockey in this entertaining question-and-answer format. Whether alone or within a group of rowdy fans, these fun facts are sure to be a hit. The
Great hoaxes and famous impostors, Carlson Wade, 1976, Biography & Autobiography, 239 pages. Records the often brilliant deceptions contrived by counterfeiters, false spiritual mediums, art forgers, and financial swindlers.

Cinematic History of Action and Adventure, Mark Wilshin, 2005, Juvenile Nonfiction, 32 pages. Reviews the genre of action/adventure movies ranging from swashbucklers and disaster movies to spy and kung fu flicks using examples and plots from famous films.

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Wuthering Heights, Oct 1, 2007, Fiction, 252 pages. Emily Bronte's only novel appeared to mixed reviews in 1847, a year before her death at the age of thirty. In the relationship of Cathy and Heathcliff, and in the wild, bleak Macmillan HSC Business Studies, Debra Owens, Tamra Hayek, Victoria Huxtable, 2009, Business, 424 pages. "This authoritative text provides a clear and concise coverage of all requirements of the NSW Stage 6 syllabus. Authors: Debra Owens, Victoria Huxtable, Tamra Hayek Written by Signatures End of Year Reading Skills Assessment, Harcourt Brace, Harcourt School Publishers Staff, Jan 1, 1997 Well-produced family autobiography and local history of the Kimberly Lansdowne station out of Fitzroy Crossing; Edna traces the development of the cattle industry in Australia.
The National Trust guide to prehistoric and Roman Britain, Richard Muir, Humphrey Welfare, National Trust (Great Britain), 1983, History, 272 pages
Subjective, Intersubjective, Objective, Donald Davidson, 2001, Medical, 237 pages. This is the long-awaited third volume of philosophical writings by Davidson, whose influence on philosophy since the 1960s has been deep and broad. His first two collections

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Language games strengthening language skills with instructional games, Guy Wagner, 1963, English language, 144 pages
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Handbuch Der Uniformkunde, Richard Knotel, Richard Knötel, 2013, 498 pages

Wacky Baby Knits 20 Knitted Designs for the Fashion-Conscious Toddler, Alison Jenkins, 2009, Crafts & Hobbies, 112 pages. A collection of knitting projects for hipster parents and those with a sense of humor including Elvis, Mohawk, and cupcake hats; monster booties; furry bear feet socks and Myth, Metaphysics and Dialectic in Plato's Statesman, David A. White, Jan 1, 2007, Philosophy, 272 pages. Plato's dialogue The Statesman has often been found structurally puzzling by commentators because of its apparent diffuseness and disjointed transitions. In this book David A. White has succeeded in reducing inflation to very low levels, understanding the driving forces behind the behavior of the price level becomes increasingly important for. A tired and battle scarred surgeon returns to London after being wounded in the third Afghan war. After his money starts to run low, a chance encounter leads him to take a flat.

Dante's Twins (Mills & Boon Vintage 90s Modern), Catherine Spencer, Oct 6, 2012, Fiction, 192 pages. The boss, his bride... and their babies! Leila wasn't marrying her boss, Dante Rossi, for his money, contrary to office gossip. She loved him and she believed he felt the same.

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Plant Names of Medieval England, Tony Hunt, 1989, Science, 334 pages. Compiled with great care, cautious in its claims and rich with suggestions for further scholarship; will be of great value to lexicographers and all students of medieval

Introduction to thermal systems engineering: thermodynamics, fluid., Volume 1 thermodynamics, fluid mechanics, and heat transfer, Michael J. Moran, 2003, Education, 562 pages. This survey of thermal systems engineering combines coverage of thermodynamics, fluid flow, and heat transfer in one volume. Developed by leading educators in the field, this

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Orphans, V. C. Andrews, Aug 1, 2000, Fiction, 672 pages. Four orphans find families but not necessarily peace of mind in a compilation of the four novels in the "Orphans" series.


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Irresistible Bachelor, J.R. Ward, Jul 5, 2011, Fiction, 320 pages. Art conservator Callie Burke’s new assignment is restoring a masterpiece owned by ruthless, wealthy, and sexy politico Jack Walker. When she's persuaded to move into Jack's

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Women Seeking Expression France 1789-1914, Rosemary Lloyd, Brian Nelson, 2000, Children's literature, French, 286 pages

The Persimmon Tree, Bryce Courtenay, Aug 4, 2008, Fiction, 720 pages. The persimmon tree is a symbol of life, a heartwood that will outlast everything man can make. It is 1942 in the Dutch East Indies, and Nick Duncan is a young Australian


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Testing the Limits (Mills & Boon Blaze) (Uniformly Hot! - Book 50), Kira Sinclair, Jun 1, 2014, Fiction, 224 pages. Wanting him was wrong, but it felt so right... Social worker Quinn Keller sees the best in people...and the worst. When she rescues a prominent businessman’s battered wife, she discovers the depths of a dark passion.

The Sitter, R.L. Stine, Jul 1, 2003, Fiction, 320 pages. Master of chilling suspense R. L. Stine proves that you never outgrow a good scare. If he frightened you then, he’ll terrify you now. . . . Ellie Saks is dying to escape the town where she grew up and never found her place. But when an unexpected visitor arrives, Ellie’s world is turned upside down.

How Your Child Learns Best: Brain-Friendly Strategies You Can Use to Ignite Your Child’s Learning and Increase School Success, Judy Willis, Sep 1, 2008, Education, 336 pages. Brain-Based Strategies You Can Use Today to Enhance Your Child’s Love of Learning How Your Child Learns Best is a groundbreaking guide for parents that combines the latest research in brain science with practical strategies for teaching.

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Nomadic Subjects Embodiment and Sexual Difference in Contemporary Feminist Theory, Rosi Braidotti, 1994, Philosophy, 325 pages. Nomadic Subjects argues for a new kind of philosophical thinking, one that would include the insights of feminism and abandon the hegemonic mode that is conventionally adopted.

Humankind emerging, Bernard Grant Campbell, 1979, History, 489 pages. Provides an up-to-date, comprehensive and readable introduction to the field of human evolution. Human evolution, evolutionary theory, evolutionary genetics, primate

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Sex, love, and marriage, David Robert Mace, Public Affairs Committee, 1968, Family & Relationships, 160 pages

Release, control and validation ITIL V3 intermediate capability handbook, Stuart Rance, Stationery Office, Tricia Lewin, Nov 4, 2009, Business & Economics, 138 pages. This guide provides a quick reference to the processes covered by the ITIL V3 Release, Control and Validation syllabus. It is designed as a revision aid for students taking the

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Future Esoteric The Unseen Realms, Brad Olsen, Jan 1, 2013, Body, Mind & Spirit, 416 pages. Examining the flaws of mainstream society, this collection of conspiracy theory, esoteric knowledge, and fringe subjects seeks to present solutions to current social, economic,

Amigo, Amigo, Francis Clifford, 1973, English fiction, 298 pages

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What's for Dinner? Delicious Recipes for a Busy Life, Curtis Stone, Apr 9, 2013, Cooking. Celebrity chef Curtis Stone, host of Bravo’s hugely popular series Top Chef Masters, knows life can get a little crazy. But as a new dad, he also believes that sitting down to


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